

**Year 7 Programme of Study 2022-23**

BT	Unit 1	Unit 2	Unit 3	IA	Unit 4	Unit 5	Unit 6	Unit 7	Unit 8	Unit 9
<b>Wb:</b> 05/08/22	<b>Wb:</b> 19/08/22 (2 <sup>nd</sup> lesson of the week)	<b>Wb:</b> 17/10/22 (2 <sup>nd</sup> lesson of the week)	<b>Wb:</b> 21/11/22 (2 <sup>nd</sup> lesson of the week)	<b>Wb:</b> 05/01/23	<b>Wb:</b> 09/01/23	<b>Wb:</b> 06/02/23	<b>Wb:</b> 13/03/23	<b>Wb:</b> 24/04/23	<b>Wb:</b> 22/05/23	<b>Wb:</b> 26/06/23

7X

	LESSONS	ASPIRE AS	ACHIEVE LO/HL	ACTIVE JF	ASSESSMENT	
<b>BT</b>	<b>5</b>	<b>Baseline Testing</b>	<b>Baseline Testing</b>	<b>Baseline Testing</b>		
1	7	Netball	Football (AGP)	Basketball	HANDS	HEAD
2	7	Volleyball / Badminton	Orienteering/Health & Fitness	Football (AGP)	HANDS	HEART
3	7	Football (AGP) JF	Basketball	Netball AS	HANDS	HEAD
<b>IA</b>	<b>2</b>	<b>Indoor Athletics</b>	<b>Indoor Athletics</b>	<b>Indoor Athletics</b>		
4	8	Gymnastics	Dance (Country/Stomp)	Rugby (AGP)LO	HANDS	HEART
5	8	Rugby (AGP)JF	Gymnastics / Parkour	Dance (Country/Stomp) AS	HANDS	HEAD
6	8	Dance (Country/Stomp)	Rugby (AGP)	Gymnastics / Parkour	HANDS	HEART
7	8	Athletics	Tennis	Athletics	HANDS	HEAD
8	8	Tennis	Athletics	Rounders/Cricket (AGP)	HANDS	HEART
9	8	Rounders/Cricket (AGP)	Cricket/Rounders (AGP)	Tennis	HANDS	HEAD

7Y

	LESSONS	ASPIRE AS	ACHIEVE GT	ACTIVE HL	ASSESSMENT	
<b>BT</b>	<b>5</b>	<b>Baseline Testing</b>	<b>Baseline Testing</b>	<b>Baseline Testing</b>		
1	7	Netball	Football (AGP)	Basketball	HANDS	HEAD
2	7	Volleyball / Badminton	Orienteering/Health & Fitness HL	Football (AGP) GT	HANDS	HEART
3	7	Football (AGP) GT	Volleyball / Badminton AS	Netball	HANDS	HEAD
<b>IA</b>	<b>2</b>	<b>Indoor Athletics</b>	<b>Indoor Athletics</b>	<b>Indoor Athletics</b>		
4	8	Gymnastics	Dance (Country/Stomp) HL	Rugby (AGP)GT	HANDS	HEART
5	8	Rugby (AGP)GT	Gymnastics / Parkour	Dance (Country/Stomp) AS	HANDS	HEAD
6	8	Dance (Country/Stomp)	Rugby (AGP)	Gymnastics / Parkour	HANDS	HEART
7	8	Athletics	Tennis	Athletics	HANDS	HEAD
8	8	Tennis	Athletics	Rounders/Cricket (AGP)	HANDS	HEART
9	8	Rounders/Cricket (AGP)	Cricket/Rounders (AGP)	Tennis	HANDS	HEAD