Assessment in PE

Head



- 1. Knowledge
- 2. Understanding
- 3. Analysis
- 4. Feedback
- 5. Responsibility
- 6. Rules

Heart



- 1. Communication
- 2. Leadership
- 3. Respect
- 4. Resilience
- 5. Effort
- 6. Confidence

Hands



- 1. Physical Ability
- 2. Fitness Levels
- 3. Competitive
- 4. Technique
- 5. Tactics
- 6. Problem Solving

Written by the PE community