

Our Ref: AJP/TJM

27th September 2024

Dear Parent/Carer,

As part of your child's education at Braunton Academy we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live healthy, productive lives and meet their full potential.

At Braunton Academy PSHE is taught through all aspects of the students' school experience, including discrete Personal Development lessons, cross curricula subject lessons, tutor time, assemblies and enrichment events. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values. The curriculum follows the PSHE Association Thematic Model where students follow core themes but develop their learning in a spiral curriculum that revisits and builds learning on the key themes.

These key themes are:-

- Health and wellbeing
- Living in the wider world
- Relationships

Please visit the school's website for more detail about our PSHE programme ([Personal Development | Braunton Academy](#))

As part of the Relationships theme, students will learn about relationships and sex education. This includes learning about respectful relationships, families, contraception and parenthood, understanding consent, staying safe online, recognising healthy and abusive behaviours and relationships.

As a parent, you have the right to withdraw your child from Sex Education lessons. Please see the following guidance. You cannot withdraw your child from Health Education or the Relationships Education element of Relationships and Sex Education

BRAUNTON SCHOOL AND COMMUNITY COLLEGE ACADEMY TRUST

A COMPANY LIMITED BY GUARANTEE, REGISTERED IN ENGLAND AND WALES, NUMBER 7989226 (AN EXEMPT CHARITY)

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because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

If you do not want your child to take part in some or all of the Sex Education lessons delivered at secondary, you can ask that they are withdrawn. Your child's head teacher will consider this request and discuss it with you, and will grant this in all but exceptional circumstances, up until three school terms before your child turns 16. At this age, your child can choose to receive Sex Education if they would like to, and the school should arrange for your child to receive this teaching in one of those three terms (unless there are exceptional circumstances).

Relationships and Sex Education aims to give young people the information they need to help them develop healthy, nurturing relationships of all kinds.

If you would like to discuss withdrawing your child from Sex Education lessons, please contact me on aparsons@braunton.academy

Yours sincerely



Mr A J Parsons
Lead teacher of Careers and Personal Development



Mrs F Bowler
Principal