

Dear Parent/Carer,

### **Relationships, Sex and Health Education**

As part of your child's statutory curriculum they will engage in lessons on Relationships, Sex and Health Education as part of their Personal Development curriculum. These lessons are delivered by the specialised Personal Development staff within your child's discrete Personal Development lesson. In these lessons' students must follow strict ground rules when discussing sensitive topics so that all students can access the issues raised in a safe and secure environment.

Shortly year 10 students will begin a series of lessons on Healthy Relationships. This will include some topics normally taught in year 9 but as we were in a lockdown situation this was not possible. These lessons will include some Sex Education lessons.

The topics to be taught are:

- Consent
- Sexting
- Sexually transmitted infections
- Pornography
- Body image
- Coercive behaviour and domestic abuse in relationships

Within these topics' students will focus on the legal situation and explore the issues through scenarios considering the choices that are made and the resulting consequences.

As a parent you have the right to withdraw your child from Sex Education lessons. Please see the following guidance.

You cannot withdraw your child from Health Education or the Relationships Education element of Relationships and Sex Education, because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

If you do not want your child to take part in some or all of the Sex Education lessons delivered at secondary, you can ask that they are withdrawn. Your child's head teacher will consider this request and discuss it with you, and will grant this in all but exceptional circumstances, up until three school terms before your child turns 16. At this age, your child can choose to receive Sex Education if they would like to, and the school should arrange for your child to receive this teaching in one of those three terms (unless there are exceptional circumstances).

**BRAUNTON SCHOOL AND COMMUNITY COLLEGE ACADEMY TRUST**

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Relationships and Sex Education aims to give young people the information they need to help them develop healthy, nurturing relationships of all kinds.

If you would like to discuss withdrawing your child from Sex Education lessons please contact me on [aparsons@braunton.academy](mailto:aparsons@braunton.academy)

Yours sincerely

**Mr A J Parsons**

**Aspire Leader**