

Braunton Academy Physical Education Kit

All Physical Education kit must be purchased through S Daw & Co, Barnstaple, with the exception of *items marked with an *



Indoor/ Summer PE Kit

- SWI maroon polo shirt (Badge with first initial and surname embroidered underneath the logo)
- SWI plain black shorts
- *White socks
- *Suitable sports trainers
- Hair band for long hair
- Towel

Outdoor/Winter PE Kit

- Boys - SWI maroon rugby shirt
- Girls - SWI maroon polo shirt (Badge with first initial and surname embroidered underneath the logo)
- Girls - SWI maroon ¼ zip fleece (Badge with first initial and surname embroidered underneath the logo)
- SWI plain black shorts
- SWI maroon socks
- Plain black long sleeved base layer
- *Suitable sports trainers
- Hair band for long hair
- Towel

Optional extras

- *SWI Plain black tracksuit bottoms
- *Plain black sports leggings (Not tights or fashion leggings)
- S Daw & Co Academy maroon waterproof (Badge with first initial and surname embroidered underneath the logo)
- *Plain black gloves & hats
- Boys - SWI maroon ¼ zip fleece (Badge with first initial and surname embroidered underneath the logo)

Sport Specific Clothing and Equipment

Please note that you will also sometimes require sports specific clothing and equipment for certain activities.

- *Football boots (Boys only and only for some classes – Please check before buying unnecessarily)
- *Shin pads
- *Gum shield (Available from the PE office at £2)

Health and Safety in Physical Education

1. **Valuables** - Students must not leave any valuables in the changing rooms. Students should hand in valuables to the PE office before the start of lessons; they will be locked away safely for them.
2. **Watches/jewellery/ear studs** – All jewellery must be removed before registering for the lesson as these items pose a potential hazard not only to the wearer but also to other students.
*In the case of ear stretchers, students must remove the item, pinch and tape the hole closed for non contact activities and for contact activities students must wear a scrum cap or tape the ear back around the head to keep it close to the side of their heads.
3. **Hair** - Both males and females must tie their hair back out of their eyes before registering for the lesson. Sweat bands must be worn if necessary.
4. **Socks** - Must be removed for gym and dance.
5. **Asthma Sufferers** - Inhalers should be taken to lessons.
6. **Injury or Excuse Notes** - Requests to be excused from full participation in a PE lesson should be signed by a parent/carer. If Students are excused from participating in PE they will still be involved in lessons as substantial learning can still take place. **Students must therefore always change into PE kit** and bring appropriate additional clothing e.g. tracksuit and waterproof.

PLEASE NOTE – IF YOU INTEND FOR YOUR SON/DAUGHTER TO HAVE THEIR EARS PIERCED, PLEASE CAN YOU DO THIS AT THE BEGINNING OF THE SUMMER HOLIDAYS TO ENSURE THAT YOUR SON/DAUGHTERS EARS ARE HEALED BY SEPTEMBER AND IS THEREFORE ABLE TO TAKE PART IN THEIR PHYSICAL EDUCATION LESSONS.