

**Key Stage 4**

**PSHEE/Citizenship Programme**

**2020-21**

**Updated to adhere to 2020 Government  
Guidance**

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# PSHEE Syllabus inc. Citizenship

## Year 10

### Autumn

#### *Mental health*

Students consider the challenges they are facing, how to reframe negative thinking, how to recognise mental ill-health and when to get help and evaluate strategies to promote emotional well-being.

#### *Work Experience*

Students receive the information and tools to identify and contact possible Work Experience opportunities. They will assess their skills and achievements to produce a CV.

#### *Healthy Relationships*

Students will learn about relationships focussing on personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse.

### Spring

#### *Exploring influence*

Students will learn about the influence and impact of gangs, role models and the media.

#### *British values and Citizenship*

Students will learn about Human rights and International law, Diversity through regional, religious and ethnic identities in the UK and the need for mutual respect and understanding.

#### *Work Experience*

Students will prepare for Work Experience in terms of health and safety and expectations. They will complete a week's Work Experience placement

### Summer

#### *Work Experience evaluation*

*Students will evaluate their Work Experience placement.*

#### *Financial decision making*

Students will learn about the impact of financial decisions, debt, gambling and the impact of advertising on financial choices.

#### *Law and International Justice*

Students will learn about the legal system in the UK, different sources of law and how law helps society deal with complex problems.

## Year 11

### Autumn

#### *Mental health*

Students consider the challenges they are facing, how to reframe negative thinking, how to recognise mental ill-health and when to get help and evaluate strategies to promote emotional well-being.

#### *Building for the future*

Students will consider their skills and achievements to prepare for their Mock Interview.

#### *Careers Next Steps*

Students will prepare for their transition to post 16 education, employment and training through undertaking Careers information, advice and guidance of the opportunities available to them.

### Spring

#### *Mock Interview*

Students will complete a Mock interview and reflect on their experience.

#### *Volunteering*

Students will learn about the different ways in which a citizen can contribute to the improvement of their community, to include the opportunity to participate actively in community volunteering, as well as other forms of responsible activity.

#### *Independence*

Students will consider responsible health choices and safety in a range of independent contexts.

#### *Money Matters*

Students will learn about financial products in relation to them. These will include credit and debt, insurance, pensions, payslips and tax in a range of relevant contexts including University.

#### *Healthy Relationships*

Students will learn about relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography.

### Summer

#### *Families*

Students will learn about different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships.

#### *Parliamentary Democracy*

Students will learn about voting and if choose to and are able to enrol to vote.